

CLASSIFICAÇÃO GERAL FEMININA

Posição	Atleta	Esc.	Clube	Nisa	Elvas	Reis 18k	Alter	Marvão	Arronches	Alegrete	UTSM	Vertical	SOR	AVIS	C. MAIOR	Monforte	Total
1	CLÁUDIA BATUCA	V 40 F	BARBARIS TEAM	100	100	100	100	0	100	100	100	50	80				750
2	SÍLVIA SILVEIRA	V 40 F	GRUPO DESPORTIVO ARENENSE	60	90	90	90	80	90	80	90	0	55				610
3	DORALÍCIA BICHO	V 45 F	AC PORTALEGRE/UTSM	0	0	80	0	90	80	65	70	40	90				515
4	RUTE FERREIRA	V 45 F	AC PORTALEGRE/UTSM	70	70	70	70	60	50	60	80	20	70				510
5	MARGARIDA INÁCIO	V 50 F	C.A. TRAIL RUNNERS DA PONTE	55	80	0	80	70	70	70	65	0	0				490
6	VERA AFONSO	V 35 F	SPORT ARRONCHES E BENFICA	0	0	45	45	65	60	45	60	0	60				380
7	ANA FÉLIX	V 40 F	C.A. TRAIL RUNNERS DA PONTE	34	55	60	65	50	55	33	40	0	0				359
8	MARIA CABRAL	V 45 F	AC PORTALEGRE/UTSM	45	40	40	60	55	34	55	35	25	65				355
9	VITORINA MOURATO	V 55 F	AC PORTALEGRE/UTSM	90	0	0	0	100	0	90	0	45	0				325
10	MARTA PENHA	V 35 F	CAMPO MAIOR TRAIL RUNNERS	35	50	31	40	35	40	34	34	0	45				279
11	ANA PENHA	V 40 F	CAMPO MAIOR TRAIL RUNNERS	0	45	34	35	34	31	40	33	0	40				261
12	ANA PAREDES	V 50 F	AC PORTALEGRE/UTSM	33	34	35	31	32	30	35	0	0	0				230
13	CÉLIA ARAÚJO	V 45 F	CAMPO MAIOR TRAIL RUNNERS	30	33	33	34	33	32	32	32	0	0				227
14	ODETE BARBAS	V 50 F	AC PORTALEGRE/UTSM	50	60	65	0	0	0	0	50	0	0				225
15	ANA MARQUES	V 50 F	CAMPO MAIOR TRAIL RUNNERS	26	32	26	28	29	29	30	29	0	34				211
16	CRISTINA CANÁRIO	V 50 F	ADIALBAX	0	65	0	0	45	0	0	0	30	50				190
17	MARIA JOSÉ SANCHES	V 35 F	AC PORTALEGRE/UTSM	0	0	0	0	0	0	0	55	35	100				190
18	CARLA SILVA	V 60 F	BARBARIS TEAM	23	30	24	0	0	0	29	26	15	33				180
19	TATIANA CALADO	SEN F	C.A. TRAIL RUNNERS DA PONTE	27	0	30	30	31	26	0	28	0	0				172
20	ANA MIRANDA	Sen F	AC PORTALEGRE/UTSM	31	0	0	0	0	45	50	45	0	0				171
21	DOLORES MACHADO	V 60 F	DAP	24	0	0	27	26	0	28	31	0	35				171
22	INÊS COELHO	V 35 F	C.A. TRAIL RUNNERS DA PONTE	25	31	27	0	27	25	0	30	0	0				165
23	MARÍLIA ANDRADE	Sen F	SPORT ARRONCHES E BENFICA	29	0	0	55	0	65	0	0	0	0				149
24	RITA BORGES	V 45 F	MONFORTE BIKERUNTEAM	0	0	25	29	28	27	31	0	0	0				140
25	VENUSA CRESPO	Sen F	GRUPO DESPORTIVO ALEGRETE	0	0	50	50	0	35	0	0	0	0				135
26	VERA LEÃO	V 40 F	CAMPO MAIOR TRAIL RUNNERS	28	0	29	32	0	28	0	0	0	0				117
27	ANA VENTURA	V 45 F	AC PORTALEGRE/UTSM	40	0	0	0	40	33	0	0	0	0				113
28	LINA COMPRIDO	V 50 F	INDIVIDUAL	32	35	0	33	0	0	0	0	0	0				100

29	PATRICIA CARREIRAS	V 35 F	MONFORTE BIKERUNTEAM	21	0	0	25	0	0	27	27	0	0	100
30	OTÍLIA VEDOR	V 45 F	INDIVIDUAL	20	29	0	24	24	0	0	0	0	0	97
31	ANA VINTÉM	Sen F	AC PORTALEGRE/UTSM	80	0	0	0	0	0	0	0	0	0	80
32	FILIPA MATIAS	V 35 F	DAP	0	0	21	26	0	23	0	0	0	0	70
33	LETÍCIA SILVA	V 60 F	BARBARIS TEAM	19	0	22	0	0	0	26	0	0	0	67
34	MARIA JESUS MONRAIA	V 50 F	INDIVIDUAL	65	0	0	0	0	0	0	0	0	0	65
35	RITA MAGARREIRO	V 35 F	ADIALBAX	0	0	55	0	0	0	0	0	0	0	55
36	ALMERINDA VELEZ	V 55 M	AC PORTALEGRE/UTSM	0	0	0	0	0	0	55	0	0	0	55
37	CARLA CRUZ	V 45 F	R&W – ALTER RUNNERS	22	0	0	0	25	0	0	0	0	0	47
38	OLGA MADEIRA	V 40 F	CENTRO VICENTINO DA SERRA	0	0	23	0	0	0	0	0	10	0	33
39	ELIANE REIS	V 35 F	BARBARIS TEAM	0	0	32	0	0	0	0	0	0	0	32
40	FILOMENA CORDEIRO	V 50 F	DAP	0	0	0	0	30	0	0	0	0	0	30
41	RICARDINA VITÓRIA	V 35 F	SPORT ARRONCHES E BENFICA	0	0	28	0	0	0	0	0	0	0	28
42	CLÁUDIA PORTELA	V 40 F	CAMPO MAIOR TRAIL RUNNERS	0	0	0	0	0	24	0	0	0	0	24
43	SANDRA RODRIGUES	V 45 F	CENTRO VICENTINO DA SERRA	18	0	0	0	0	0	0	0	0	0	18

CLASSIFICAÇÃO GERAL MASCULINA

Posição	Atleta	Esc.	Clube	Nisa	Elvas	Reis 18k	Alter	Marvão	Arrocnes	Alegrete	UTSM	Vertical	SOR	AVIS	C. MAIOR	Monforte	Total
1	RUI CARRILHO	V 35 M	AD CASTELO DE VIDE	100	100	80	100	90	90	90	90	0	100				670
2	NUNO MARTINS	V 45 M	CENTRO VICENTINO DA SERRA	60	60	55	65	55	55	65	70	35	0				470
3	LUÍS MIRANDA	V 35 M	BARBARIS TEAM	90	90	0	80	0	60	0	65	0	0				385
4	DIONISIO MASSENA	V 50 M	AD CASTELO DE VIDE	40	45	45	55	0	45	60	60	0	70				380
5	NUNO MARIQUITO	Sen M	AD CASTELO DE VIDE	0	0	65	90	70	0	70	0	40	0				335
6	NUNO PRECIADO	V 35 M	AD CASTELO DE VIDE	0	70	90	0	0	80	0	0	0	90				330
7	DIOGO VIEIRA	V 40 M	SPORT ARRONCHES E BENFICA	70	0	60	70	0	65	0	0	0	60				325
8	RUI VARANDAS	V 35 M	CENTRO VICENTINO DA SERRA	34	32	34	45	0	35	45	45	30	55				323
9	MANUEL RODRIGUES	V 45 M	BARBARIS TEAM	31	34	29	0	0	33	50	50	25	65				317
10	LUCIANO GORDO	V 55 M	AD CASTELO DE VIDE	0	0	0	0	0	0	80	100	50	80				310
11	JOÃO BRANQUINHO	V 50 M	BARBARIS TEAM	35	40	35	40	45	40	0	33	0	0				268

12	RUI BRITO	V 45 M	MONFORTE BIKERUNTEAM	27	0	30	29	31	29	34	32	15	50	250
13	VALDEMAR MADEIRA	Sen M	BARBARIS TEAM	80	65	0	0	0	50	0	55	0	0	250
14	TIAGO VALÉRIO	V 35 M	SPORT ARRONCHES E BENFICA	0	0	100	0	0	100	0	0	45	0	245
15	ARQUIMINIO CARRETAS	V 55 M	BARBARIS TEAM	26	18	31	26	27	0	28	28	0	28	212
16	JOSÉ RIBEIRO	V 45 M	C.A. TRAIL RUNNERS DA PONTE	30	31	26	31	0	30	33	29	0	0	210
17	JOSÉ PIEDADE	V 50 M	BARBARIS TEAM	55	55	40	50	0	0	0	0	0	0	200
18	CARLOS PEPÊ	V 45 M	CAMPO MAIOR TRAIL RUNNERS	29	28	23	27	28	28	30	0	0	0	193
19	NUNO GANCHO	SEN M	BARBARIS TEAM	24	50	50	60	0	0	0	0	0	0	184
20	BRUNO CASTRO	V 40 M	MONFORTE BIKERUNTEAM	22	22	32	32	0	0	35	0	0	40	183
21	JOSÉ GONÇALVES	V 35 M	CENTRO VICENTINO DA SERRA	21	21	22	25	21	27	24	26	8	29	182
22	LUIS RODRIGUES	V 50 M	AC PORTALEGRE/UTSM	25	8	0	14	29	14	32	35	0	31	180
23	ANTÓNIO CARVALHO	V 40 M	CENTRO VICENTINO DA SERRA	15	17	24	23	25	24	27	27	9	0	176
24	TOMÁS RODRIGUES	JUN M	AC PORTALEGRE/UTSM	33	0	0	33	50	0	55	0	0	0	171
26	JOÃO JANEIRO	Sen M	SPORT ARRONCHES E BENFICA	0	0	0	0	0	70	100	0	0	0	170
27	FERNANDO MARTINS	V 35 M	SPORT ARRONCHES E BENFICA	0	27	25	0	40	32	40	0	0	0	164
28	NELSON CHAGAS	V 40 M	C.A. TRAIL RUNNERS DA PONTE	23	0	33	35	35	0	0	34	0	0	160
29	CARLOS SOLANO	V 40 M	GRUPO DESPORTIVO ARENENSE	10	13	21	21	19	23	26	24	0	25	159
30	EDUARDO PALMEIRO	V 50 M	SPORT ARRONCHES E BENFICA	7	0	18	24	26	26	31	25	0	0	157
31	EMÍLIO PAULINO	V 60 M	AC PORTALEGRE/UTSM	17	19	0	19	17	22	17	0	0	32	143
32	VITOR CORDEIRO	V 55 M	DAP	0	80	0	0	60	0	0	0	0	0	140
33	DAVID PERCIADO	Sen M	AD CASTELO DE VIDE	0	0	70	0	65	0	0	0	0	0	135
34	PAULO RODRIGUES	Sen M	INDIVIDUAL	12	10	13	0	0	12	22	21	6	23	119
34	NUNO POMBINHO	SEN M	C.A. TRAIL RUNNERS DA PONTE	20	0	28	0	15	25	0	31	0	0	119
35	JOSÉ RUSSO	V 60 M	ADIALBAX	13	14	19	0	0	21	0	22	0	27	116
36	VITOR PINTO	V 45 M	CAMPO MAIOR TRAIL RUNNERS	0	6	14	18	12	16	29	0	0	21	116
37	LUÍS AMARAL	SEN M	SPORT ARRONCHES E BENFICA	28	25	0	30	33	0	0	0	0	0	116
38	JOÃO RIBEIRO	V 40 M	SPORT ARRONCHES E BENFICA	50	33	27	0	0	0	0	0	0	0	110
39	MARCO VITÓRIA	V 35 M	SPORT ARRONCHES E BENFICA	19	20	0	28	0	0	0	30	4	0	101
40	RICARDO CRESPO	V 35 M	AD CASTELO DE VIDE	0	0	0	0	100	0	0	0	0	0	100
41	JORGE MARTINS	V 55 M	ADIALBAX	0	5	0	0	0	20	25	20	5	22	97
42	JOÃO CRUZ	V 60 M	R&W – ALTER RUNNERS	32	0	0	34	0	31	0	0	0	0	97
43	PEDRO CANHOTO	V 40 M	ADR - AMIGOS ATELTISMO AVIS	3	0	17	22	22	0	0	0	0	30	94
44	DANIEL MARQUES	V 35 M	AD CASTELO DE VIDE	0	24	0	0	34	0	0	0	0	35	93
45	RICARDO CALHAU	V 35 M	C.A. TRAIL RUNNERS DA PONTE	2	0	15	15	0	17	21	23	0	0	93

46	MANUEL BADALO	V 65 M	CAMPO MAIOR TRAIL RUNNERS	11	7	12	13	0	19	0	0	0	24	86
47	EMANUEL MACHADO	SEN M	DAP	0	0	0	0	0	0	0	80	0	0	80
48	SIMÃO ALBUQUERQUE	SEN M	AC PORTALEGRE/UTSM	0	0	0	0	80	0	0	0	0	0	80
49	PEDRO VAZ	V 35 M	GRUPO DESPORTIVO ARENENSE	0	12	0	0	18	0	0	0	10	34	74
50	ANDRÉ TAVARES	V 40 M	AC PORTALEGRE/UTSM	0	0	1	9	6	10	19	0	1	26	72
51	LUÍS MAURÍCIO	V 55 M	AC PORTALEGRE/UTSM	9	0	16	17	9	18	0	0	2	0	71
52	CARLOS CARVALHO	Sen M	C.A. TRAIL RUNNERS DA PONTE	65	0	0	0	0	0	0	0	0	0	65
53	MANUEL BELMIRO	V 40 M	BARBARIS TEAM	0	29	0	0	0	34	0	0	0	0	63
55	ANTÓNIO CALHA	V 45 M	AD CASTELO DE VIDE	16	16	0	0	24	0	0	0	0	0	56
56	NUNO LEÃO	V 45 M	CAMPO MAIOR TRAIL RUNNERS	1	1	7	10	5	7	23	0	0	0	54
57	JOSÉ RASQUINHO	Sub23 M	MONFORTE BIKERUNTEAM	18	0	20	0	0	15	0	0	0	0	53
58	PAULO PERNES	V 35 M	AD CASTELO DE VIDE	0	0	0	0	0	0	0	0	0	45	45
59	RODRIGO CRESPO	Sen M	CENTRO VICENTINO DA SERRA	45	0	0	0	0	0	0	0	0	0	45
60	PEDRO PARELHO	V 45 M	AC PORTALEGRE/UTSM	0	23	0	0	0	0	0	0	20	0	43
61	BERNARDO MANETA	JUN M	BARBARIS TEAM	0	0	0	0	0	0	0	40	0	0	40
62	PAULO GALÃO	V 35 M	SPORT ARRONCHES E BENFICA	1	0	4	0	0	0	16	19	0	0	40
63	JOÃO PAIO	V 55 M	C.A. TRAIL RUNNERS DA PONTE	1	2	2	5	0	8	0	17	0	0	35
64	JOÃO FEITEIRA	V 60 M	SPORT ARRONCHES E BENFICA	0	0	5	8	4	0	18	0	0	0	35
65	VICTOR RAMOS	V 45 M	SPORT ARRONCHES E BENFICA	0	35	0	0	0	0	0	0	0	0	35
66	FRANCISCO COSTA	V 55 M	AC PORTALEGRE/UTSM	0	0	0	0	0	0	0	0	0	33	33
67	IVO TOMÉ	SEN M	UNIÃO FUTEBOL DE DEGOLADOS	0	0	0	20	0	13	0	0	0	0	33
68	NUNO COSTA	V 40 M	GRUPO DESPORTIVO ARENENSE	6	0	11	16	0	0	0	0	0	0	33
69	BRUNO NEVES	V 35 M	AC PORTALEGRE/UTSM	0	0	0	0	32	0	0	0	0	0	32
70	SÉRGIO LOPES	V 35 M	ADR - AMIGOS ATELTISMO AVIS	0	0	6	7	0	0	0	18	0	0	31
71	LUÍS FERA	V40 M	AC PORTALEGRE/UTSM	0	0	0	0	30	0	0	0	0	0	30
72	EDUARDO PICADO	V 40 M	SPORT ARRONCHES E BENFICA	0	30	0	0	0	0	0	0	0	0	30
73	RUI NUNES	V 45 M	ADR - AMIGOS ATELTISMO AVIS	1	0	9	12	7	0	0	0	0	0	29
74	RÚBEN GARCIA	V 40 M	C.A. TRAIL RUNNERS DA PONTE	0	0	0	3	2	6	15	0	0	0	26
75	JOSÉ ANDRADE	V 35 M	SPORT ARRONCHES E BENFICA	0	26	0	0	0	0	0	0	0	0	26
75	MÁRIO SÉRVOLO	V 50 M	CENTRO VICENTINO DA SERRA	0	0	8	0	1	0	0	16	0	0	25
76	ANTONIO CORDEIRO	V 65 M	CASA DO POVO DE ERVEDAL	0	0	0	4	0	0	0	0	0	20	24
77	JOAQUIM BARBAS	V 55 M	AC PORTALEGRE/UTSM	0	0	0	0	23	0	0	0	0	0	23
78	JOSÉ VELEZ	V 60 M	AC PORTALEGRE/UTSM	0	0	0	0	0	0	20	0	0	0	20
79	PEDRO ESCARAMEIA	V40 M	C.A. TRAIL RUNNERS DA PONTE	0	0	0	0	20	0	0	0	0	0	20

80	JOÃO ALBUQUERQUE	V 55 M	AC PORTALEGRE/UTSM	0	0	0	0	10	0	0	0	7	0							17
81	PAULO ARGUELLES	V 45 M	SPORT ARRONCHES E BENFICA	1	1	0	11	3	0	0	0	1	0							17
82	FERNANDO SILVA	V 60 M	BARBARIS TEAM	0	0	0	0	16	0	0	0	0	0							16
83	ANTONIO FERREIRA	V 60 M	MONFORTE BIKERUNTEAM	0	0	0	0	0	0	0	15	0	0							15
84	LICÍNIO CANHOTO	V 55 M	BARBARIS TEAM	0	15	0	0	0	0	0	0	0	0							15
85	CARLOS CRUZ	V 45 M	SPORT ARRONCHES E BENFICA	0	11	0	0	0	0	0	0	3	0							14
86	LUÍS FELÍCIO	V40 M	C4E	0	0	0	0	14	0	0	0	0	0							14
87	JOÃO NEVES	Sub23 M	AD CASTELO DE VIDE	14	0	0	0	0	0	0	0	0	0							14
88	ESTEVÃO MARQUES	V 55 M	C.A. TRAIL RUNNERS DA PONTE	0	0	0	0	13	0	0	0	0	0							13
89	SERGIO CARINHAS	V 55 M	AC PORTALEGRE/UTSM	4	0	0	0	8	0	0	0	0	0							12
90	JOÃO CAROLA	V 40 M	BARBARIS TEAM	8	4	0	0	0	0	0	0	0	0							12
91	CESÁRIO MIRANDA	V 35 M	GRUPO DESPORTIVO ALEGRETE	0	0	0	0	11	0	0	0	0	0							11
92	EZEQUIEL BICHO	V 50 M	C.A. TRAIL RUNNERS DA PONTE	0	0	0	0	0	11	0	0	0	0							11
93	CARLOS ALEGRIA	Sub23 M	AD CASTELO DE VIDE	0	0	10	0	0	0	0	0	0	0							10
94	ANTONIO VALENTE	V 40 M	BARBARIS TEAM	0	3	0	6	0	0	0	0	0	0							9
95	GONÇALO GODINHO	V 40 M	MONFORTE BIKERUNTEAM	0	0	0	0	0	9	0	0	0	0							9
96	HUGO LOPES	V 45 M	SPORT ARRONCHES E BENFICA	0	9	0	0	0	0	0	0	0	0							9
97	PEDRO CARMO	V 50 M	AC PORTALEGRE/UTSM	5	0	0	0	0	0	0	0	0	0							5
98	MARCO SILVA	V 40 M	CENTRO VICENTINO DA SERRA	0	0	3	0	0	0	0	0	0	0							3
99	LUÍS RODRIGUES	V 45 M	AC PORTALEGRE/UTSM	1	0	0	0	0	0	0	0	0	0							1

Juniores M

Posiçã ão	Atleta	Esc.	Clube	NISA	ELVA S	Reis	Alter	Mar z	Arro nche	Aleg rete	UTS	Verti	SOR	AVIS	C.	MAL	MON	Total
1	TOMÁS RODRIGUES	JUN M	AC PORTALEGRE/UTSM	100	0	0	100	100	0	100	0	0	0					400
2	BERNARDO MANETA	JUN M	BARBARIS TEAM	0	0	0	0	0	0	0	100	0	0					100

SUB23 M

Posiçã ção	Atleta	Esc.	Clube	NIS A	ELV AS	Reis	Alte	Mar	Arro nch	Aleg rete	UTS	Vert	SOR	AVI	SC.	MAL	MO	Total
1	JOSÉ RASQUINHO	Sub23 M	MONFORTE BIKERUNTEAM	100	0	100	100	0	100	0	0	0	0					400
2	JOÃO NEVES	Sub23 M	AD CASTELO DE VIDE	90	0	0	0	0	0	0	0	0	0					90
3	CARLOS ALEGRIA	Sub23 M	AD CASTELO DE VIDE	0	0	90	0	0	0	0	0	0	0					90

2	SÍLVIA SILVEIRA	V 40 F	GRUPO DESPORTIVO ARENENSE	90	90	90	90	100	90	90	90	0	90	640
3	ANA FÉLIX	V 40 F	C.A. TRAIL RUNNERS DA PONTE	80	80	80	80	90	80	70	80	0	0	570
4	ANA PENHA	V 40 F	CAMPO MAIOR TRAIL RUNNERS	0	70	70	70	80	70	80	70	0	80	520
5	VERA LEÃO	V 40 F	CAMPO MAIOR TRAIL RUNNERS	70	0	65	65	0	65	0	0	0	0	265
6	OLGA MADEIRA	V 40 F	CENTRO VICENTINO DA SERRA	0	0	60	0	0	0	0	0	45	0	105
7	CLÁUDIA PORTELA	V 40 F	CAMPO MAIOR TRAIL RUNNERS	0	0	0	0	0	60	0	0	0	0	60

VETERANOS 40 M

Pos	Atleta	Esc.	Clube	NIS	A	ELV	AS	Rei	Alt	Ma	Arr	onc	Ale	gre	UT	Ver	SO	AVI	C	MA	M	Total
1	ANTÓNIO CARVALHO	V 40 M	CENTRO VICENTINO DA SERRA	65	65	65	70	80	80	90	90	50	0									590
2	DIOGO VIEIRA	V 40 M	SPORT ARRONCHES E BENFICA	100	0	100	100	0	100	0	0	0	100									500
3	BRUNO CASTRO	V 40 M	MONFORTE BIKERUNTEAM	70	70	80	80	0	0	100	0	0	90									490
4	CARLOS SOLANO	V 40 M	GRUPO DESPORTIVO ARENENSE	60	60	60	60	60	70	80	80	0	65									475
5	NELSON CHAGAS	V 40 M	C.A. TRAIL RUNNERS DA PONTE	80	0	90	90	100	0	0	100	0	0									460
6	ANDRÉ TAVARES	V 40 M	AC PORTALEGRE/UTSM	0	0	40	50	50	65	70	0	45	70									390
7	PEDRO CANHOTO	V 40 M	ADR - AMIGOS ATELTISMO AVIS	45	0	55	65	70	0	0	0	0	80									315
8	JOÃO RIBEIRO	V 40 M	SPORT ARRONCHES E BENFICA	90	100	70	0	0	0	0	0	0	0									260
9	MANUEL BELMIRO	V 40 M	BARBARIS TEAM	0	80	0	0	0	90	0	0	0	0									170
10	NUNO COSTA	V 40 M	GRUPO DESPORTIVO ARENENSE	50	0	50	55	0	0	0	0	0	0									155
11	RÚBEN GARCIA	V 40 M	C.A. TRAIL RUNNERS DA PONTE	0	0	0	40	45	55	0	0	0	0									140
12	JOÃO CAROLA	V 40 M	BARBARIS TEAM	55	55	0	0	0	0	0	0	0	0									110
13	ANTONIO VALENTE	V 40 M	BARBARIS TEAM	0	50	0	45	0	0	0	0	0	0									95
14	EDUARDO PICADO	V 40 M	SPORT ARRONCHES E BENFICA	0	90	0	0	0	0	0	0	0	0									90
15	LUÍS FERA	V40 M	AC PORTALEGRE/UTSM	0	0	0	0	90	0	0	0	0	0									90
16	PEDRO ESCARAMEIA	V40 M	C.A. TRAIL RUNNERS DA PONTE	0	0	0	0	65	0	0	0	0	0									65
17	GONÇALO GODINHO	V 40 M	MONFORTE BIKERUNTEAM	0	0	0	0	0	60	0	0	0	0									60
18	LUÍS FELÍCIO	V40 M	C4E	0	0	0	0	55	0	0	0	0	0									55
19	MARCO SILVA	V 40 M	CENTRO VICENTINO DA SERRA	0	0	45	0	0	0	0	0	0	0									45

VETERANOS 45 F

Posi ção	Atleta	Esc.	Clube	NIS	ELV	AS	Rei	Alt	Ma	Arr	onc	Aleg	gre	UTS	Ver	SOR	AVI	SC	MA	MO	Total
1	RUTE FERREIRA	V 45 F	AC PORTALEGRE/UTSM	100	100	90	100	90	90	90	90	100	40	90							710
2	DORALÍCIA BICHO	V 45 F	AC PORTALEGRE/UTSM	0	0	100	0	100	100	100	100	90	50	100							640
3	MARIA CABRAL	V 45 F	AC PORTALEGRE/UTSM	90	90	80	90	80	80	80	80	80	45	80							635
4	CÉLIA ARAÚJO	V 45 F	CAMPO MAIOR TRAIL RUNNERS	70	80	70	80	65	65	70	70	0	0								500
5	RITA BORGES	V 45 F	MONFORTE BIKERUNTEAM	0	0	65	70	60	60	65	0	0	0								320
6	OTÍLIA VEDOR	V 45 F	INDIVIDUAL	60	70	0	65	50	0	0	0	0	0								245
7	ANA VENTURA	V 45 F	AC PORTALEGRE/UTSM	80	0	0	0	70	70	0	0	0	0								220
8	CARLA CRUZ	V 45 F	R&W – ALTER RUNNERS	65	0	0	0	55	0	0	0	0	0								120
9	SANDRA RODRIGUES	V 45 F	CENTRO VICENTINO DA SERRA	55	0	0	0	0	0	0	0	0	0								55

VETERANOS 45 M

Posi ção	Atleta	Esc.	Clube	NIS	ELV	AS	Rei	Alt	Ma	Arr	onc	Aleg	gre	UTS	Ver	SOR	AVI	SC	MA	MO	Total
1	NUNO MARTINS	V 45 M	CENTRO VICENTINO DA SERRA	100	100	100	100	100	100	100	100	100	50	0							750
2	MANUEL RODRIGUES	V 45 M	BARBARIS TEAM	90	80	80	0	0	90	90	90	90	45	100							665
3	RUI BRITO	V 45 M	MONFORTE BIKERUNTEAM	65	0	90	80	90	70	80	80	35	90								615
4	JOSÉ RIBEIRO	V 45 M	C.A. TRAIL RUNNERS DA PONTE	80	70	70	90	0	80	70	70	0	0								530
5	CARLOS PEPÊ	V 45 M	CAMPO MAIOR TRAIL RUNNERS	70	65	65	70	80	65	65	0	0	0								480
6	VITOR PINTO	V 45 M	CAMPO MAIOR TRAIL RUNNERS	0	45	60	65	65	0	60	0	0	80								375
7	NUNO LEÃO	V 45 M	CAMPO MAIOR TRAIL RUNNERS	45	35	50	50	55	60	55	0	0	0								350
8	RUI NUNES	V 45 M	ADR - AMIGOS ATELTISMO AVIS	50	0	55	60	60	0	0	0	0	0								225
9	PAULO ARGUELLES	V 45 M	SPORT ARRONCHES E BENFICA	40	40	0	55	50	0	0	0	25	0								210
10	ANTÓNIO CALHA	V 45 M	AD CASTELO DE VIDE	60	60	0	0	70	0	0	0	0	0								190
11	PEDRO PARELHO	V 45 M	AC PORTALEGRE/UTSM	0	60	0	0	0	0	0	0	40	0								100
12	VICTOR RAMOS	V 45 M	SPORT ARRONCHES E BENFICA	0	90	0	0	0	0	0	0	0	0								90
13	CARLOS CRUZ	V 45 M	SPORT ARRONCHES E BENFICA	0	55	0	0	0	0	0	0	30	0								85
14	LUÍS RODRIGUES	V 45 M	AC PORTALEGRE/UTSM	55	0	0	0	0	0	0	0	0	0								55
15	HUGO LOPES	V 45 M	SPORT ARRONCHES E BENFICA	0	50	0	0	0	0	0	0	0	0								50

VETERANOS 50 F

Posição	Atleta	Esc.	Clube	NISA	ELV	AS	Reis	Alter	Mar	Arro	nche	Aleg	rete	UTS	Vert	SOR	AVIS	C.	MAL	MO	Total
1	MARGARIDA INÁCIO	V 50 F	C.A. TRAIL RUNNERS DA PONTE	90	100	0	100	100	100	100	100	100	100	0	0						690
2	ANA PAREDES	V 50 F	AC PORTALEGRE/UTSM	70	65	90	80	80	90	90	0	0	0	0	0						565
3	ANA MARQUES	V 50 F	CAMPO MAIOR TRAIL RUNNERS	60	60	80	70	65	80	80	80	80	0	90							545
4	ODETE BARBAS	V 50 F	AC PORTALEGRE/UTSM	80	80	100	0	0	0	0	0	90	0	0							350
5	CRISTINA CANÁRIO	V 50 F	ADIALBAX	0	90	0	0	90	0	0	0	0	50	100							330
6	LINA COMPRIDO	V 50 F	INDIVIDUAL	65	70	0	90	0	0	0	0	0	0	0							225
7	MARIA JESUS MONRAIA	V 50 F	INDIVIDUAL	100	0	0	0	0	0	0	0	0	0	0							100
8	FILOMENA CORDEIRO	V 50 F	DAP	0	0	0	0	70	0	0	0	0	0	0							70

VETERANOS 50 M

Posição	Atleta	Esc.	Clube	NISA	ELV	VA	Reis	Alter	Mar	Arro	nche	Aleg	rete	UTS	Vert	SOR	AVIS	C.	MAL	MO	Total
1	DIONISIO MASSENA	V 50 M	AD CASTELO DE VIDE	90	90	100	100	0	100	100	100	100	0	100							690
2	JOÃO BRANQUINHO	V 50 M	BARBARIS TEAM	80	80	80	80	100	90	0	80	0	0								590
3	LUIS RODRIGUES	V 50 M	AC PORTALEGRE/UTSM	70	70	0	65	90	65	90	90	0	90								565
4	EDUARDO PALMEIRO	V 50 M	SPORT ARRONCHES E BENFICA	65	0	70	70	80	80	80	70	0	0								515
5	JOSÉ PIEDADE	V 50 M	BARBARIS TEAM	100	100	90	90	0	0	0	0	0	0								380
6	MÁRIO SÉRVOLO	V 50 M	CENTRO VICENTINO DA SERRA	0	0	65	0	70	0	0	65	0	0								200
8	PEDRO CARMO	V 50 M	AC PORTALEGRE/UTSM	60	0	0	0	0	0	0	0	0	0								60
9	EZEQUIEL BICHO	V 50 M	C.A. TRAIL RUNNERS DA PONTE	0	0	0	0	0	60	0	0	0	0								60

VETERANOS 55 F

Posição	Atleta	Esc.	Clube	NISA	ELV	AS	Reis	Alter	Mar	Arro	nche	Aleg	rete	UTS	Vert	SOR	AVIS	C.	MAL	MO	Total
1	VITORINA MOURATO	V 55 M	AC PORTALEGRE/UTSM	100	0	0	0	100	0	100	0	50	0								350
2	ALMERINDA VELEZ	V 55 M	AC PORTALEGRE/UTSM	0	0	0	0	0	0	0	90	0	0								90

VETERANOS 55 M

Posição	Atleta	Esc.	Clube	NISA	ELV	AS	Reis	Alter	Mar	Arro	nche	Aleg	rete	UTS	Vert	SOR	AVIS	C.	MAL	MO	Total
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1	ARQUIMINIO CARRETAS	V 55 M	BARBARIS TEAM	100	90	100	100	90	0	90	90	0	80	660
2	LUÍS MAURÍCIO	V 55 M	AC PORTALEGRE/UTSM	90	0	90	90	60	90	0	0	35	0	455
3	JOÃO PAIO	V 55 M	C.A. TRAIL RUNNERS DA PONTE	70	65	80	80	0	80	0	70	0	0	445
4	JORGE MARTINS	V 55 M	ADIALBAX	0	70	0	0	0	100	80	80	40	70	440
5	LUCIANO GORDO	V 55 M	AD CASTELO DE VIDE	0	0	0	0	0	0	100	100	50	100	350
6	VITOR CORDEIRO	V 55 M	DAP	0	100	0	0	100	0	0	0	0	0	200
7	SERGIO CARINHAS	V 55 M	AC PORTALEGRE/UTSM	80	0	0	0	55	0	0	0	0	0	135
8	JOÃO ALBUQUERQUE	V 55 M	AC PORTALEGRE/UTSM	0	0	0	0	65	0	0	0	45	0	110
9	FRANCISCO COSTA	V 55 M	AC PORTALEGRE/UTSM	0	0	0	0	0	0	0	0	0	90	90
10	LICÍNIO CANHOTO	V 55 M	BARBARIS TEAM	0	80	0	0	0	0	0	0	0	0	80
11	JOAQUIM BARBAS	V 55 M	AC PORTALEGRE/UTSM	0	0	0	0	80	0	0	0	0	0	80
12	ESTEVÃO MARQUES	V 55 M	C.A. TRAIL RUNNERS DA PONTE	0	0	0	0	70	0	0	0	0	0	70

VETERANOS 60 F

Posição	Atleta	Esc.	Clube	NIS A	ELV AS	Reis	Alte f	Mar	Arro nch	Aleg rete	UTS	Vert	SOR	AVI	SC	MAL	MO	Total
1	CARLA SILVA	V 60 F	BARBARIS TEAM	90	100	100	0	0	0	100	90	50	90					620
2	DOLORES MACHADO	V 60 F	DAP	100	0	0	100	100	0	90	100	0	100					590
3	LETÍCIA SILVA	V 60 F	BARBARIS TEAM	80	0	90	0	0	0	80	0	0	0					250

VETERANOS 60 M

Posição	Atleta	Esc.	Clube	NIS A	ELV AS	Reis	Alte f	Mar	Arro nch	Aleg rete	UTS	Vert	SOR	AVI	SC	MAL	MO	Total
1	EMÍLIO PAULINO	V 60 M	AC PORTALEGRE/UTSM	90	100	0	90	100	90	90	0	0	100					660
3	JOSÉ RUSSO	V 60 M	ADIALBAX	80	90	100	0	0	80	0	100	0	90					540
4	JOÃO CRUZ	V 60 M	R&W – ALTER RUNNERS	100	0	0	100	0	100	0	0	0	0					300
5	JOÃO FEITEIRA	V 60 M	SPORT ARRONCHES E BENFICA	0	0	90	80	80	0	0	0	0	0					250
6	JOSÉ VELEZ	V 60 M	AC PORTALEGRE/UTSM	0	0	0	0	0	0	100	0	0	0					100
7	FERNANDO SILVA	V 60 M	BARBARIS TEAM	0	0	0	0	90	0	0	0	0	0					90
8	ANTONIO FERREIRA	V 60 M	MONFORTE BIKERUNTEAM	0	0	0	0	0	0	0	90	0	0					90

VETERANOS 65 M

Posi ção	Atleta	Esc.	Clube	NIS	A	ELV	AS	Reis	Alte	Mar	Arr	onc	Ale	gret	UTS	Vert	SOR	AVI	SC	MAL	MO	Total
1	MANUEL BADALO	V 65 M	CAMPO MAIOR TRAIL RUNNERS	100	100	100	100	100	0	100	0	0	0	0	0	100						600
2	ANTONIO CORDEIRO	V 65 M	CASA DO POVO DE ERVEDAL	0	0	0	90	0	0	0	0	0	0	0	0	90						180

CLASSIFICAÇÃO COLETIVA

Posição	Equipa	Nisa	Elvas	Reis 18k	Alter	Marvão	Arronches	Alegrete	UTSM	Vertical	SOR	AVIS	C. MAIOR	MONFOR	Total
1	AD CASTELO DE VIDE	9	13	15	15	15	13	15	15	0	15				103
2	BARBARIS TEAM	15	15	11	13	8	11	8	13	5	13				96
3	SPORT ARRONCHES E BENFICA	11	11	13	9	11	15	13	8	6	0				89
4	CENTRO VICENTINO DA SERRA	13	9	9	11	9	9	9	11	8	0				81
5	AC PORTALEGRE/UTSM	7	8	5	7	13	7	11	7	7	11				71
6	C.A. TRAIL RUNNERS DA PONTE	8	0	8	8	6	8	6	9	0	0				53
7	CAMPO MAIOR TRAIL RUNNERS	4	6	4	5	7	4	7	6	0	7				42
8	GRUPO DESPORTIVO ARENENSE	5	7	6	6	5	0	0	0	0	9				38
9	MONFORTE BIKERUNTEAM	6	0	7	0	0	5	5	0	0	0				23
10	ADIALBAX	0	5	0	0	0	6	4	0	4	8				27